# the Heron Herald



Rainier Audubon Society

December 2017

# Rainier Audubon Membership Meeting

# Pigeon Guillemots; The Adorable Seabird with Bright Red Feet

By Govinda Rosling, Guillemont Research Group

7:00 PM December 18, 2017



This presentation will be a photo rich account of the Pigeon Guillemot. We will start with the life cycle of the Pigeon Guillemot, then go into behavioral habits, quirks and antics. Next we will talk about the Guillemot Research Group's 13 year study of these seabirds. They are an indicator species of ecological health. We will go into why we study them, and what we make note of:



- 1. Population.
- 2. The fish type that is fed to chicks.
- 3. Number of nesting burrows.

Govinda grew up on Whidbey Island. She has been

involved with the Guillemot Research Group, for the last 7 years. Govinda also coordinates the South Whidbey Christmas Bird Count Circle. She is a wildlife photographer; and many of her photos are in this presentation.

Guillemont Research Group A Citizen Science Project of Whidbey Audubon Society http://www.pigeonguillemot.org/



Join us at 6:30 for conversation and refreshments.

#### **RAS Mission Statement**

To conserve and restore natural ecosystems and protect birds and other wildlife for the benefit of humanity and biological diversity in South King County and the world we live in.

Rainier Audubon programs are held at 7:00 PM at the Federal Way United Methodist Church 29645 - 51st Ave. So. 98001 (in unincorporated Auburn)

#### New Rainier Audubon Facebook Page

https://www.facebook.com/rainieraudubonsociety/

# New Rainier Audubon Google Group / email list

We are combining the old Rainier Leaders email list with the ras-activities list into a new RainierAudubon google group.

The [ras-activities] group has been renamed to [RainierAudubon]. So if you were previously a member of this list, then you are still a member of the renamed group. The only difference being that when you send an email to this group, the address is RainierAudubon@googlegroups.com

If you did not get an invitation, you may request to join the group by going to groups.google.com and searching for "Rainier Audubon". You can then request to join the group.

Alternatively, you can sign up on the RainierAudubon.org website.

## **Upcoming Programs**

#### Dale Meland

- January 2018 "The Birds of New Zealand: Past and Present" by Kim Adelson
- February 2018 "Elwha Dam Removal and Recovery Update" by Jeffrey Duda
- March 2018 "Wolf Haven International: World of Wolves"
- April 2018 "Washington Birds and Climate Change" by Trina Bayard and Jen Syrowitz
- May 2018 "Bees and Wing Nut Honey" by Emmy Scharnberg

#### **Rainier Audubon Society Directory** Position Name **Board Member** Phone email President Heather Gibson Yes 206-226-2050 hedder swedder@yahoo.com Vice President Jay Galvin Yes 253-939-3094 gjgalvin@comcast.net Secretary Open Laura Lavington 253-941-7372 Treasurer Yes laura.lavington@gmail.com Membership Chair Pat Toth Yes 206-767-4944 h2opat@msn.com **Education Chair** Cindy Flanagan Yes 253-941-3933 camcalcin@hotmail.com Program Chair Dale Meland No 253-946-1637 dmeland@hotmail.com Field Trip Chair Barbara Petersen Yes 253 389 3204 bpbatfan@aol.com Publicity Chair Jay Galvin 253-939-3094 Yes gjgalvin@comcast.net Backyard Habitat Chair Marie West-Johnson Yes 206-817-8754 crgrie123@yahoo.com Conservation Chair Dan Streiffert No 253-796-2203 dan streiffert@hotmail.com Newsletter Editor Dan Streiffert No 253-796-2203 dan\_streiffert@hotmail.com Webmaster Treesa Hertzel No 253-255-1808 Autumn207@comcast.net Member at Large Stephen Feldman Yes 360-802-5211 stephanfeldman@gmail.com No 253-517-3633 Hospitality Sandra Embrey sandra.embrey@gmail.com Mailing Debra Russell No debrarussell@comcast.net 425 829 4008 Lifetime Members Max Prinsen Yes 425-432-9965

## Field Trips - Barbara Petersen

Weekly Birdwalks at Nisqually Wednesdays 8 am to 11 am Leader: Phil Kelley

Join Phil Kelley on his weekly bird walks as he counts the birds at Nisqually NWR. The group walks over to an area near the Visitor's Center to view the entry road estuary, and then takes the boardwalk/trail loop out to the Twin Barns and the Nisqually overlook area. From there, the group walks the dike and back to the riparian forest.

Bring: Good walking shoes or boots, rain gear, water, snacks, and \$3 for entry fee unless you have a pass. Scopes are welcome. Meet: At the Visitor's Center pond overlook.

Directions: Take I-5 south from Tacoma and exit to Nisqually NWR at exit 114. Take a right at the light.

Sign-up is not necessary. Call or email Phil Kelly if you have questions. (360) 459-1499, scrubjay323@aol.com.

#### Project Feederwatch

Project Feederwatch, operated by the Cornell Lab of Ornithology and Bird Studies Canada, is a winterlong survey of birds at backyard feeders, nature centers, community areas, and other locales in North America. Participants periodically count the birds they see at their feeders from Nov through early April and send their counts to Project Feederwatch. Participants are sent a Research Kit with complete instructions and also receive the year-end report, Winter Bird Highlights.

There is an \$18 annual participation fee for US residents. Join today! https://feederwatch.org.

Kittitas County Birding in Winter Sunday, Dec 3 - 6:30AM to evening Leaders - Roger Orness and Charlie Wright

Come eniov a day of winterseason birding in central Washington on this very popular trip. We will venture over Snoqualmie Pass and visit areas including Swauk Prairie and South Cle Elum along our route. Large numbers of raptors including Rough-legged Hawks and Prairie Falcons are seen wintering in the open, often snow-covered fields of Kittitas Valley. Proceeding east we will reach the Columbia River at Vantage, where waterfowl are sometimes present in vast numbers. Target species will include unusual loons, ducks, and American White Pelicans. Chukar are seen occasionally in the basalt outcroppings here.

Bring: many layers of clothing for cold, windy weather conditions, a lunch and snacks. Scopes are welcome. Space is limited.

Meet: at 6:30AM at Auburn

Safeway on Auburn Way near

Main St.

Directions: Take Hwy 18 to Auburn and exit at Auburn Way (Hwy 164). Turn north (right) on Auburn Way and drive three blocks. Safeway sign and gas station will be on left. Park in the Safeway lot just to north of gas station and straight out from the Safeway doors. We will meet and carpool from there. Sign-up: Contact Charlie Wright at <a href="mailto:cwright770@gmail.com">cwright770@gmail.com</a> or 253 468-4146. E-mail is preferred.



Carnation and the Snoqualmie Riuver Valley Saturday, January 6, 2018 8 AM – 5 PM Leader: Jim Flynn

The still rural country around Carnation is a great King County winter birding destination. Various locales such as Old McDonald Park, Carnation Marsh, and Sikes Lake provide the opportunity to find a wide array of birds such as swans and geese, raptors, sparrows, woodpeckers, etc. Some target birds for our day will include Northern Harrier, Red-breasted Sapsucker, and American Dipper. We will likely have a lunchtime break at the QFC/Starbucks in downtown Carnation for a winter warmup. Since this is a local trip, we can start a little later than normal too: should be a civilized trip, though hopefully one with a few wild moments! Meet at 8 AM at the South Renton Park & Ride (205 So. 7<sup>th</sup> St.) just north of Grady Way and Rental Village Shopping Center. Bring the usuals: warm clothes and rain gear, binoculars, snacks, and water. Lunch will be available in Carnation if needed, or pack your

Email Jim Flynn at merlinmania@comcast.net or call/text (206) 399-6418 to sign up.



OHN MUIR SAID it right, "In every walk with nature one receives far more than he seeks." That is exactly how I felt during my November Puget Sound Seabird Survey of Brown's Point Lighthouse Park, Dash Point State Park, and Dumas Bay Wildlife Sanctuary. Each month our team of five goes out near high tide to our designated survey sites and for about fifteen minutes at each site we track as many of the seabirds in a certain

area that are in the water or flying by. With such a short time frame and so many birds to count, one might think it hard to sit back and enjoy the birds. Not true for our group. Nature always has something unexpected out there for us to enjoy.

At Brown's Point Lighthouse Park, one of our prized spots was two Marbled Murrelets. As I watched them diving for food, I was mesmerized by the sheer miracle that

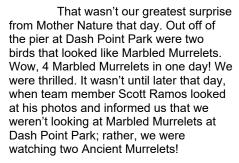
these two adult Marbled Murrelets had actually reached adulthood. What an incredible achievement it took for the parents of these two birds to be able to successfully raise them! Marbled Murrelets, which are the size of a robin, lay one chicken-sized egg a year on a scrape on a branch that is 70 feet or higher in an old growth tree. When the young hatches, the parents can travel at least fifty miles to the ocean to get fish for the young. Nest predation is high for these threatened species. It is fascinating to think that it wasn't until 1974 that ornithologists knew where Marbled Murrelets nested. Maria Mudd-Ruth does an excellent job unfolding the Marbled Murrelet nesting mystery in her book Rare Bird: Pursuing the Mystery of the Marbled Murrelet.

Walking through the forested trail towards Dumas Bay Wildlife

## Seen & Heard by Calen Randall

Sanctuary, we could hear the high squeaks of American Wigeon. As we neared the shallow bay, we quickly saw hundreds of wigeon. As we counted, almost 400 American Wigeon, we started scanning for Eurasian Wigeon mixed in the flock and soon we saw not one, but two male Eurasian Wigeon.

That wasn't all that was hidden in the wigeon pack. Team member Scott Ramos was looking at an interesting wigeon, one he called a "Storm Wigeon." None of us in the group had ever heard of a Storm Wigeon. According to Cornell Lab of Ornithology's Birds of North America (The online website is birdsna.org), hunters have given the name Storm Wigeon to a variant that has "a plumage variation with extensive white on the cheeks and throat."



Both Marbled and Ancient Murrelets are the smallest of the alcids that visit Puget Sound. How can one tell them apart? Ancient Murrelets have a light bill, a dark cap and gray back; whereas, Marbled Murrelets have dark bills, white scapulars (back at the wing base), dark on top and white below.

Marbled Murrelets can be seen year-round and Ancient Murrelets are found October to April, with November and December being peak viewing months.

If you have not yet birded the Brown's Point to Dumas Bay strip, I highly recommend you put it on your agenda. The trip includes 4 key stopping points to view wonderful seabirds and marine life and all so close

together that you can easily visit all four places in 2-3 hours.

Happy birding and enjoy nature's gifts.



After finishing our survey, our group decided to go to Dash Point Park, which is a Pierce County Park near Brown's Point. We all wanted to get a look at the continuing Franklin's Gull that was gluttoning itself on squid and fish tidbits, especially those of the fisherfolk on the pier. The Franklin's Gull was easy to spot—a darker gray mantle, a white tail with a gray center, black primaries with some white subterminal marks and most noticeable, a dark gray "saddle" across the top of its head to below its eye. The Franklin's acrobatic flying maneuvers easily outperformed the cumbersome Glaucous-winged Gulls. As I stood watching the gull, I wondered how many of the 50 or so fisher people on the pier were aware that they were being graced by the presence of an uncommon bird. Such a beautiful acrobatic gull!

Calen is an 18 year old birder entering his seventh year writing the Seen and Heard. Currently attending the University of Washington, Calen enjoys birding in the South King County and coastal British Columbia region.

# Rainier Audubon Christmas Bird Count December 31, 2017

The Rainier Audubon Christmas Bird Count for 2017 is in the works. We hope everyone will come out and be part of our chapter's thirty-seven years of citizen science.

As in the past, participants can sign up to go out with a team and count birds in our Audubon circle. Teams will bird by car and by foot from 8 AM to 4 PM.

Contact Cindy Flanagan to sign up to go out in the field. (camcalcin@hotmail.com)

If you can't go out with a team, but want to count birds in the comfort of your own home, there's always the CBC Backyard Bird Count. Just record what you see in your yard on the CBC date and send your results to:

Calen Randall 6012 S 298th Place Auburn, WA 98001

Email: calenbirds@hotmail .com

We're looking at possibilities for the traditional meal after the day's events where we hear the day's species tally and share about interesting finds of the day. We might try something different this year, and we'd like to have your input on this.

If you'd rather not be part of the bird count, maybe you would be able to help with the meal. We'd like help planning in advance. Also help with set-up and take down that day.

Please contact Heather Gibson 206-226-2050 <a href="hedder\_swedder@yahoo.com">hedder\_swedder@yahoo.com</a> or Marie West-Johnson 206-817-8754 <a href="mailto:crgrie123@yahoo.com">crgrie123@yahoo.com</a>

# Rainier Audubon Youth Naturalists 2<sup>nd</sup> Annual CBC

The Rainier Audubon Youth Naturalists will be out and about finding birds in the Rainier Audubon Circle for their 2<sup>nd</sup> Annual CBC! We will go out in the field from 12-2pm and return for species tally and goodies from 2-3pm.

Date: Wednesday, December 13<sup>th</sup> Time: 12:00 noon-3:00 PM

Where: meet at the

Federal Way United Methodist Church

29645 51<sup>St</sup> Ave S Auburn, WA 98001

Contact Cindy Flanagan camcalcin@hotmail.com

NOTE: Photo by Marie West-Johnson



## Bird of the Month: Varied Thrush

Reprint Courtesy of Wild Birds Unlimited, Burien

The Varied Thrush is a beautiful, robin-sized bird. It is stocky with a round head, straight bill and long legs. It boasts richly colored feathers of blue- gray, black and burnt orange which are very distinctive. In summer, it eats insects and in winter, nuts and berries. It is a bird of the Northwest and frequents ravines and thickets especially near streams. It may also be found in yards and along roads.

The Varied Thrush behaves much like the American Robin but is more elusive and shy. Its song is a unique metallic melancholy whistle at different pitches. Males will sing to defend their territory usually at dawn, dusk or after a rain shower.

The nest of the Varied Thrush is made of twigs, moss, leaves and bark pieces and is lined with soft grasses and roots. The female will build the nest in a conifer tree on a branch 5 - 15 feet above the ground. She will lay 3 - 4 eggs. Both parents help feed the young chicks.

The Varied Thrush forages on the ground hopping along moving leaves and debris. It will then fly up to perch and view the area it has just cleared searching for berries, seeds and acorns to eat. The oldest Varied Thrush known lived to be 4 years and 9 months old.



#### Fabulous Fall Color & Birds

On a glorious, crisp autumn day Steve Johnson led eleven of us on his annual Fall Color and Fall Birds field trip. It was a chilly morning, and the birds were rather slow to make their presence known to us at our Lake Fenwick stop, but the lovely fall leaves reflected beautifully on the lake. At Kent's Old Fishing Hole participants got an incredibly close, sunlit view of a Green Heron. Weyerhaeuser Pond offered up a Redhead among the several other duck species, my first one of the year. Carol Schulz identified for me some Canada Geese of the Aleutian subspecies when I asked her about their white neck rings. We encountered the handsome Varied Thrush and Fox Sparrow at the Hylebos Natural Area in Fife. At the Brown's Point lighthouse we appreciated the rare absence of wind. And speaking of rare, this is where we found my highlight for the day - two Marbled Murrelets in striking winter plumage, a favorite species of mine. Did you know that RAS founder Thais Bock had a juvenile Marbled Murrelet land in her Federal Way backyard many years ago? The poor thing was so very close to reaching the salt water, but did not survive. Another highlight on the field trip was spotted at Dash Point Pier - a Franklin's Gull! At least 48 species were found on Steve's trip, and we couldn't have asked for a prettier autumn day. By Barbara Petersen

### Audubon's New Native Plants Database

National Audubon has a new online Native Plants Database that can be accessed at <a href="https://www.audubon.org/native-plants">https://www.audubon.org/native-plants</a>.

Enter your zip code to use Audubon's native plants database and view a list of the best plants for birds in your area, as well as local resources and links to more information. By entering your email address, you'll receive an emailed list of the native plants you've selected, get additional tips on creating your bird-friendly habitat, and help us keep track of your contributions to our efforts to get 1 million native plants for birds in the ground.



ello and welcome back to my musings!

Just as there are guidelines for safety, fine dining, legal driving and healthy living, did you know that there are guidelines for good birding? it is the code of ethics of the American Birding Association which states, "Everyone who enjoys birds and birding must always respect wildlife, its environment, and the rights of others."

The code embodies four basic principles of birding:

#### 1. Promote the welfare of birds and their environment

This principle includes supporting the protection of bird habitat; exercising restraint and caution during observation, photography, sound recording or filming to avoid stressing birds and exposing them to danger; limiting the use of recordings and other methods of

#### Mewsings from Millie

Reprint Courtesy of Wild Birds Unlimited, Burien

attracting birds and never using such methods in heavily birded areas, or for attracting any species that is Threatened, Endangered, of Special Concern or rare; keeping well back from nests and nesting colonies, roosts, display areas, and important feeding sites; i f a rare bird is found, evaluating the potential for disturbance to the bird, its surroundings and other people in the area before advertising; staying on roads, trails and paths where they exist to keep habitat disturbance to a minimum.

#### Respect the law and the rights of others

This means not entering private property without the owner's permission; following all laws, rules and regulations governing use of roads and public areas; practicing common courtesy in contacts with other people generating goodwill with birders and non-birders alike.

#### 3. Ensure that feeders, nest structures and other artificial bird environments are safe

This means keeping food dispensers, water, and food clean and free of decay or disease; maintaining and cleaning nesting boxes and structures regularly; ensuring that birds are not exposed to predation from cats and other domestic animals or dangers posed by artificial hazards such as pesticides.

## 4. Group birding, whether organized or impromptu, requires special care

Each person in the group has responsibilities in addition to #1 and

#2 mentioned above: respecting the interests, rights and skills of fellow birders and other outdoor enthusiasts, really sharing your knowledge and experience being especially helpful to beginning birders; if deemed prudent, intervening upon witnessing unethical birding behavior, informing the person(s) of the inappropriate action and attempting, within reason, to stop it. If the behavior continues, documenting it and notifying the appropriate individuals or organizations.

Group Leaders must be an exemplary ethical role model for the group; keep groups to a size that limits impact on the environment and does not interfere with others using the area; ensure everyone knows of and practices this code teaching through word and example; inform the group of any special circumstances applicable to the areas being visited (e.g. no tape recorders allowed); acknowledge that professional tour companies bear a special responsibility to place the welfare of birds and the benefits of public knowledge ahead of the company's commercial interests.

"In any conflict of interest between birds and birders, the welfare of the birds and their environment comes first"

For more information, please go to <a href="http://www.aba.org.">http://www.aba.org.</a> Happy birding! Until next time,

Millie, the Muse of Mews

## Conservation Efforts for Historic Weyerhaeuser Campus Proceed

By Cindy Flanagan

REAT NEWS! The 2018 King County Conservation Futures grant of \$1 million has officially been announced. The November 13th, 2017 edition of the Federal Way Mirror reported that King County Council "unanimously adopted a supplemental budget that includes a \$1 million appropriation for East Hylebos Watershed Conservation that will acquire and protect open space on the former Weyerhaeuser campus." The King County funding requests a \$1 million match from the city of Federal Way's Surface Water Management funding.

South King County Council member Pete von Reichbauer said in a media release, "I'm glad that King County will continue to partner with the city of Federal Way on conservation efforts on such a unique and historical South King County property."

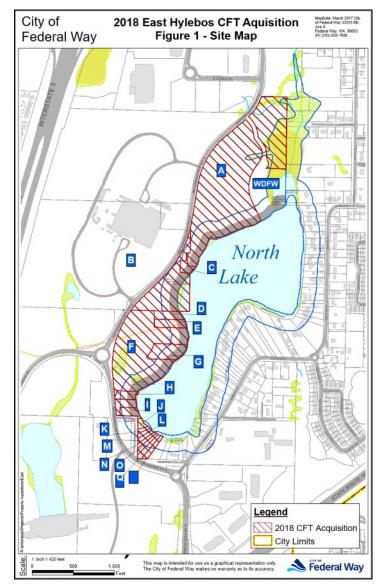
The money will go towards the purchase 54-acres of category 1 wetlands, wetland buffer, lakefront and associated forests along North Lake, which is at the headwaters of the East Hylebos Watershed. According to the King County press release, the grant money is "the start of a multiyear fundraising campaign to aid in the long-term vision for conservation of this land alongside development." Currently, IRG has not yet agreed to a sale and an official land appraisal must be done. It is estimated that the total cost to acquire the property will be between \$7-10 million.

Earlier this year, Federal Way Mayor Jim Ferrell and the grassroots Save Weyerhaeuser Campus group (which includes Rainier Audubon) partnered to work together to protect the land in the East Hylebos Watershed.



Northern Pygmy Owl Carley Randall







Snow Geese at Skagit Flats
Dan Streiffert



Stormy Mt. Rainier Jay Galvin

#### **Education Matters**

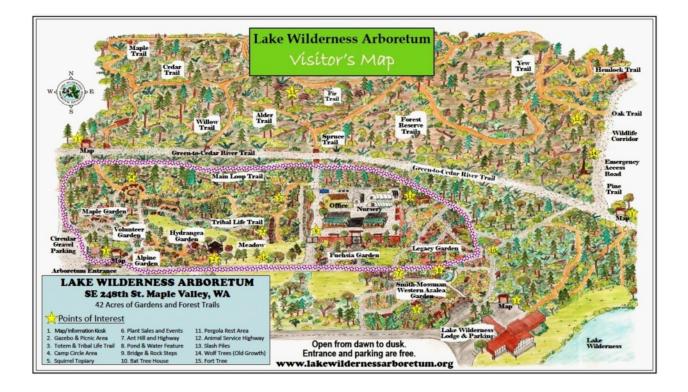
By Cindy Flanagan

# Lake Wilderness Arboretum and Rainier Audubon Connecting Native Plants and Birds

In early November, members of the Rainier Audubon met with Lake Wilderness Arboretum staff and volunteers to learn more about the arboretum and 26-acre forest reserve in Maple Valley. The arboretum consists of several gardens and easy access trails. Each of the gardens is beautifully designed with excellent interpretive signs about the plants. Bisecting the arboretum and the forest reserve is the 11-mile long Green-to-Cedar bike/pedestrian trail. Anyone can get to the arboretum via car, bike or foot! What is magical about this place is the number of native plants and the beautiful landscape design that the staff and volunteer team has created. And if there are native plants, there are birds!

The Rainier Audubon is thrilled to be partnering with the arboretum to create learning opportunities for its visitors, including helping create interpretive signs about birds and native plants, teaching classes and workshops on backyard native plants and birds, leading fieldtrips and hosting a Neighborhood Native Plants for Birds booth at the arboretum's spring plant sale. If you are interested in helping our committee gather bird information for interpretive signs or volunteer at our booth during the arboretum plant sale, please contact Cindy Flanagan camcalcin@hotmail.com

If you haven't had a chance to experience this gem, plan an outing soon. There is something wonderful to see every day of the year.



# Rainier Audubon Partnering with King County Renton Area Library

The Rainier Audubon and King County Library—Renton are teaming up this winter to offer a myriad of birding activities. Here is a list of events:

# Presentation "Rafting the Marsh Fork of the Canning River" by Dan Streiffert

January 11<sup>th</sup> 11:00 AM Fairwood Library 17009 140<sup>th</sup> Ave SE, Renton, WA 98058

Dan will present his 12-day rafting trip through the Arctic National Wildlife Refuge—which under the current Federal Administration is under threat, as the Senate has introduced a bill that would open up drilling rights in the Arctic National Wildlife Refuge in order to pay for some of the administrations tax reform proposals.

# Presentation "Backyard Birds and Plants to Attract Them" by Marie-West Johnson

January 27<sup>th</sup> 10 AM Renton Public Library 100 Mill Avenue South, Renton, WA, 98057

Marie will present a slide show of native plants to plant in the backyard and the birds that will come to indulge in these wonderful plants.

#### Presentation "Bird Identification and Etiquette" by Jay Galvin

Saturday, February 24 11 AM Renton Public Library

Jay's presentation covers the basics of bird ID, (tools needed, ID through color, flight patterns, body shape, etc.). He will also cover proper techniques for bird approach, personal space, and photo technique.

#### Winter Wings Festival

When: Thursday, February 15, 2018 through Sunday, February 18, 2018

Where: Oregon Institute of Technology (Oregon Tech),

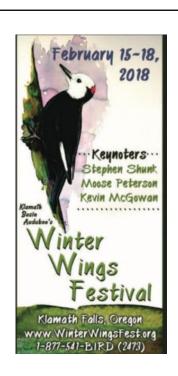
3201 Campus Drive, Klamath Falls, Oregon

Website: <a href="www.WinterWingsFest.org">www.WinterWingsFest.org</a>
Registration: Opens Dec. 16th 9 am PST

Winter birds at their finest! Winter Wings brings together birders and photographers of all stripes to learn and explore with top notch professionals and enthusiastic local guides. The Klamath Basin is renowned for its massive wintering population of Bald Eagles, but is prime habitat for many other raptors including owls, as well as a stunning abundance and diversity of waterfowl. The 2018 Festival will feature three dynamic keynoters: Author and woodpecker specialist **Stephen Shunk**, Nikon Ambassador and wildlife photographer **Moose Peterson**; and author and instructor with the Cornell Lab, **Kevin McGowan**.

#### Highlight birds:

Bald Eagle, Golden Eagle, Ferruginous Hawk, Rough-legged Hawk, Peregrine Falcon, Prairie Falcon, White-headed Woodpecker, Greater White-fronted Goose, Tule Goose, Snow Goose, Ross's Goose, Tundra Swan, Barrow's Goldeneye, Eurasian Wigeon, Loggerhead Shrike, Northern Shrike, Northern Pygmy-Owl, Great Gray Owl, Sandhill Crane, Black-crowned Night-Heron





Auburn, WA 98071

"No intelligent species would destroy their own environment"

- Unknown

Nonprofit Organization U.S. Postage Paid Kent, WA 98031 Permit No. 441



#### Rainier Audubon Membership Subscription or Renewal Form

One-year Membership in Rainier Audubon \$25—Individual Membership / \$30—Family Membership

Circle one New / Renewal For new members:

How did you hear about Rainier Audubon Society?

To join or renew, mail this application with your payment to: Rainier Audubon Society - Membership

> PO Box 778 Auburn, WA 98071

Name:			
Address			
City	State	Zip	
Email	Phone		

RAS Chapter membership includes 9 issues of the Heron Herald annually but does not include AUDUBON magazine.